

Coopersale Chronicle

www.coopersale.co.uk

A Guide to What's On in Coopersale
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Concert

There will be an Old Tyme Music Hall concert by the renowned local group "Chiefly Yourselves" in the Institute Hall on Sat 15th Nov to raise funds for the new floor. The details have not been finalised, but we plan to offer a simple supper and perhaps a glass or two of wine to enjoy with the entertainment.

Why not get together a group of friends and book a table for the evening. Tickets will be limited, so keep your eyes open for the posters which will appear around the village with details.

If you would like to make a donation, provide a prize for the raffle or can help in any way, please contact Chris (572568) or Doreen (576498)

Bring & Buy

There will be a Bring and Buy Coffee Morning in the hall on Saturday 27th September from 10 o'clock till Noon.

Refreshments will be available.

Anyone who would like a stall should contact Doreen Pavitt on 576498. Tables will cost £5 each.

All proceeds will go towards the Hall Floor Fund, so please support this cause, even if you only come along for a coffee and a chat.

You Can Help Too

If you have a favourite restaurant, or are a regular customer of a local business, why not ask them to donate a voucher for the raffle which we are holding to raise funds for the floor.

Local businesses are more likely to respond to a request from a regular and valued customer than to a member of a fund raising committee. In addition to helping a good cause, they will get publicity in the programme and on the internet.

If you can help please do so as soon as possible, and let us know so that we can include details about prizes and donors in advertising material.

Whats On at the Institute?

Monday	<p><u>Pre School</u> Every weekday in term time from 9 am to 12 noon. Contact: Cathy Kemp, 15 Brickfield Road, Coopersale Tel: 01992 571101</p> <p><u>Floral Art</u> Meet 2nd and 4th Monday each month (March to November) from 7.30pm to 10.00pm Cost £5 per annum Contact: Mrs Myra Amos, 11 Princes Close, North Weald. (Tel: 01992 522442)</p> <p><u>Horticultural Society</u> Meet every month (usually 3rd Monday) from 8.00pm to 10.00pm Membership fee: £2.00 per annum. Contact: Mrs Tina Keehner, 9 Laburnum Road, Coopersale (01992 578521)</p>
Tuesday	<p><u>Pre School</u> Every weekday in term time from 9 am to 12 noon. Contact: Cathy Kemp, 15 Brickfield Road, Coopersale Tel: 01992 571101</p> <p><u>Karate</u> Meet every Tuesday from 5 - 6 pm, and 6 - 7 pm Contact: Lynne Aston, 23 Rahn Road, Epping, Essex CM16 4JB (01992 573666)</p> <p><u>Aerobics</u> Every Tuesday 8.15 - 9.15 pm Contact: Mrs Paula Green, 73 Parklands (07773 179169)</p>
Wednesday	<p><u>Pre School</u> Every weekday in term time from 9 am to 12 noon. Contact: Cathy Kemp, 15 Brickfield Road, Coopersale Tel: 01992 571101</p> <p><u>Line Dancing</u> Meet 1st Wed each month from 8.00 pm to 10.00 pm Contact: Mrs Mumford, Tel : 01992 522423</p> <p><u>Coopersale Brownies</u> Meet every Wednesday (term time only) from 6.30pm to 8.00pm Contact: Mary Gill Tel: 01992 813253</p> <p><u>Group 2000</u> Meet 3rd Wed every month from 8 pm to 10 pm (except August) Contact: Mrs Rosemary Willis (Tel: 575827) or Mrs Marilyn Davis, 6 Laburnum Rd (Tel: 572712)</p>
Thursday	<p><u>Pre School</u> Every weekday in term time from 9 am to 12 noon. Contact: Cathy Kemp, 15 Brickfield Road, Coopersale Tel: 01992 571101</p> <p><u>Karate</u> Meet every Thursday from 5 - 6 pm Contact: Lynne Aston, 23 Rahn Road, Epping, Essex CM16 4JB (01992 573666)</p> <p><u>Aerobics</u> Every Thursday 8.30 - 9.30 pm Contact: Mrs Paula Green, 73 Parklands (07773 179169)</p>
Friday	<p><u>Pre School</u> Every weekday in term time from 9 am to 12 noon. Contact: Cathy Kemp, 15 Brickfield Road, Coopersale Tel: 01992 571101</p>
Sunday	<p><u>Horticultural Society</u> Horticultural Shop (at rear of hall) every Sunday (Mar to Oct) from 11.00am - 12 noon</p>
Anytime	<p><u>Petanque</u> Anytime, subject to booking Cost: Free Contact: P Newton, 10 Laburnum Road, Coopersale, CM16 7RA (Tel: 01992 574674)</p> <p><u>Snooker Club</u> Membership: £10.00 per annum. Light meter: 50p per ½ hour Contact: D Lambel, 58 Parklands, Coopersale, CM16 7RF (Tel: 01992 613511)</p> <p><u>Private Hire</u> Anytime, subject to availability Cost: Weekdays £6 per hour, Saturdays £135 for the day, Sundays minimum hire £20 for 3 hr. Contact: W H C Hoare, The Gate House Coopersale, CM16 7QT (Tel: 01992 572568)</p>

If you have trouble reading this Chronicle ring Chris on
572568 and ask for a large print version.

St Albans Little Ark Pre-school

The Little Ark Pre-school is starting a Breakfast Club for 4 - 11 year olds in October. A variety of fun, themed breakfasts will be offered and will provide an opportunity for young children to have the most important meal of the day in the company of friends between 8.00 - 9.00 am. Contact Leslie on 578322 for more details.

There are also plans to start an After School Homework and Hobby Club. There will be some structured work and then children will be encouraged with any hobbies or interests they may enjoy. This Club, which will also start in October, will initially be run as a pilot scheme on Tuesdays and Thursdays only. The club will operate from 3.30 - 5.30, but can be extended by prior arrangement. More details are available from Nicola Gates on 07904 203 786

Give Us your News

If you want anything published in the December 2003 issue, please send your contribution to The Scribe, Coopersale Institute, (e-mail Scribe@coopersale.org.uk) or hand it to any member of the Committee before 15th Nov.

Coopersale Horticultural Society

The Society holds meetings in the Hall at 8pm on the 3rd Monday of every month from March to December; non-members are welcome and a range of interesting talks is given, many of which have nothing to do with gardening, so you don't even have to be a keen gardener to come along and enjoy a sociable evening. The next meeting will be on 15th Sept, at which Mr Shuttleworth will speak about Roses. On 20th Oct, Brian Vernon will talk about Pumpkins and on 17th Nov there will be a Night of Music with popular local guitarist Frank Murray.

The Autumn Show is scheduled for 20th September. In addition to displays of Chrysanthemum and Dahlias, there will be various other sections in which to compete; Floral Decoration, Miscellaneous Flowers, Fruit, Vegetable and Domestic. There will also be a Plant Stall, Cake Stall, Book Stall, Raffle and other attractions, including the opportunity to purchase many of the prize exhibits.

To join the society contact Tina Keehner on 578521, come along to the Trading Hut on a Sunday, or come to any of the Monday evening meetings.

Group 2000

Group 2000 had a very pleasant evening meal at The Moletrap on 20th August. Thirteen ladies turned up, some having walked through the forest via Gaynes Park.

On Sept 17th there will be a social evening at Coopersale Institute. Any ladies in the village will be made most welcome - we are a very friendly club.

Next month, on October 15th, we have a talk and demonstration for hanging flower baskets; males and females are invited for this (horticultural members take note). Further details will be shown in Hambrook's window. New members are always welcome.

Rosemary Willis

Coopersale Web Site

Have you visited the Coopersale web site yet? There is information about several village groups, Institute activities and news articles.

Local businesses have the opportunity to advertise at very reasonable rates on the web site and contribute to Institute funds at the same time, so if you have your own business why not get in touch with Chris Hoare on 01992 572568 and get your name on the web.

You can visit the site at www.coopersale.org.uk

Recipes Wanted

If you have a favourite recipe which you would like to share, why not send it in. If we receive enough, we might be able to publish a book and sell it to raise funds for the Institute.

Apricot Muffins

Ingredients (makes 5 or 6 Muffins)

5 oz plain flour,
Half level tablespoon of baking powder,
1 large egg,
1½ oz caster sugar,
4 fl oz milk,
2 oz butter melted and cooled,
4 oz apricots fresh (or dried and pre soaked) chopped.

Mix egg, sugar, milk and melted butter, then sieve dry ingredients into egg mixture and give a quick mix. Now add apricots and give a quick mix. Mixture will look lumpy but this is fine. Do not mix too much.

Spoon mixture into muffin tray that has been greased and bake in a preheated oven, gas 6 (200C) for 20 to 30 mins.