

Coopersale Chronicle

www.coopersale.co.uk

A Guide to What's On in Coopersale
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Easter at St Alban's

Easter is the most important festival in the Christian calendar as we celebrate the resurrection of Jesus on Easter morn. This is an event that we always look forward to at St Alban's and we look forward to welcoming you in your parish church at this most holy time of the year.

Easter is the celebration of God's deep love for us, which is shown in Jesus death on the cross and in his resurrection. It is why we believe what we believe. Jesus died for the things that we have done and do wrong but with his resurrection we are made one with God again in a new and fresh relationship.

Why not come and experience that new and fresh relationship with us and join us at St Alban's over the Easter weekend.

There will be a Meditation on the Cross on Good Friday, 18th April at 9 a.m. and on Easter Day, 20th April, at 11.10 a.m. we will be joyfully celebrating the Resurrection with our Easter Family Communion.

Bob Taylor

Minister in Charge: St Alban the Martyr

Institute AGM

The Annual General Meeting of the Coopersale Social Institute will be held on Wednesday 14th May at 8.00 pm.

This is a meeting to which all residents are welcome. Come along to find out more about the activities in the hall and to elect a committee for the coming year. Perhaps you would like to help by standing for election to the committee.

Anyone who would like a subject included on the agenda (or wishes to stand for election) should contact the secretary Fiona Verhagen on 01992 560694.

Valentine's Dance

The Valentine's Dance organised by Sue and the Institute committee was a most enjoyable evening for those who attended and raised a welcome £396 for institute funds.

Thank you all.

Coopersale

Horticultural Society

The Society has several interesting talks lined up for this year, the first of which is on Monday 17th March at 8pm in the Institute. Our speaker will be Tricia Moxey and the subject of the evening is "Open Spaces around Epping". Do come and meet us and you might even decide to join the Society, £3 per couple or £2 for single membership, a real bargain!

Our Spring Show, held at the Institute, is on the afternoon of Saturday 5th April from 2pm onwards. Hopefully by then the rain will have stopped and venturing outside will do us all some good. It is always a very enjoyable afternoon with a variety of exhibits on show, refreshments, stalls and a well-stocked raffle. It is also an ideal opportunity to join in with village life, so we do hope we will see you there!

Gwyneth Duhy (Secretary)

Group 2000

Hello to everybody.

We started 2014 with a cheese and wine evening in January, this is always a nice event, very casual and allows everyone to have a general "catch up" after the Xmas celebrations.

February – quiz/games evening.

In March we have a "Comedy Talk" by Brian Carline, could do with a good old chuckle!

April brings a talk, "I had a dream", (scuba & conservation) by Lyn Croot.

In May, we have one of our "old" favourites, Phoenix Cards, lovely cards, wrapping paper etc at very reasonable prices.

This brings us to half way through the year (which believe me comes around faster every year, at least that's how it seems to me!) In June we have our walk to a pub/restaurant for our bi-annual meal, can't tell you more as we haven't decided on a venue yet but this is always a good evening.

I will update on the rest of the year's activities in the June edition of the Chronicle.

Situation Vacant

Would you like to do something for the community?

The Coopersale Social Institute Committee would like to appoint a treasurer. Basic book keeping knowledge is required and some experience of Excel (or similar spreadsheet) would be an advantage. Anyone interested should contact Chris Hoare 01992 572568 or treasurer@coopersale.org.uk or any other member of the Institute committee.

Recipe – Easter Simnel Cake

By Mary Berry

http://www.bbc.co.uk/food/recipes/easter_simnel_cake_82449

Ingredients

100g/4oz glacé cherries
225g/8oz butter, softened
225g/8oz light muscovado sugar
4 large eggs
225g/8oz self-raising flour
225g/8oz sultanas
100g/4oz currants
50g/2oz chopped candied peel
2 lemons, grated zest only
2 tsp ground mixed spice

For the filling and topping

450g/1lb marzipan-
1 - 2 tbs apricot jam, warmed



Method

1. Preheat the oven to 150C/280F/Gas 2. Grease and line a 20cm/ 8in cake tin.
2. Cut the cherries into quarters, put in a sieve and rinse under running water. Drain well then dry thoroughly on kitchen paper.
3. Place the cherries in a bowl with the butter, sugar, eggs, self-raising flour, sultanas, currants, candied peel, lemon zest and mixed spice and beat well until thoroughly mixed. Pour **half** the mixture into the prepared tin.
4. Take one-third of the marzipan and roll it out to a circle the size of the tin and then place on top of the cake mixture. Spoon the remaining cake mixture on top and level the surface.
5. Bake in the pre-heated oven for about 2½ hours, or until well risen, evenly brown and firm to the touch. Cover with aluminium foil after one hour if the top is browning too quickly. Leave to cool in the tin for 10 minutes then turn out, peel off the parchment and finish cooling on a wire rack.
6. When the cake is cool, brush the top with a little warmed apricot jam and roll out half the remaining marzipan to fit the top. Press firmly on the top and crimp the edges to decorate. Mark a criss-cross pattern on the marzipan with a sharp knife. Form the remaining marzipan into 11 balls.
7. Brush the marzipan with beaten egg and arrange the marzipan balls around the edge of the cake. Brush the tops of the balls with beaten egg and then carefully place the cake under a hot grill until the top is lightly toasted.

What's On at the Institute?

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| Pre School | Every weekday in term time from 9 am to 3 pm. (Fri 9 – 12) Contact: Cathy Kemp, Tel: 0774 359 5892 |
| Horticultural Society | Meet alternate months (except Jan & Feb), usually 3rd Mon, 8 pm Contact: Gwyneth Duhay 01992 574945 |
| Floral Art | Meet 2 nd and 4 th Mon each month (Mar to Nov) from 7.30 -10pm Contact: Mrs Myra Amos, Tel: 01992 522442 |
| Zumba | Every Tuesday 6.30 – 7.30 pm Contact Leary Tel: 07958 415 908. |
| Group 2000 | Meet 3rd Wed every month from 8 pm to 10 pm (ex Aug) Contact Sue Silvester 01992 575898. |
| Acting Up | Amateur drama group, meet every Monday 6 – 8 pm (in Reading Room if CHS or Floral Art are meeting). Contact: Sally 07980 273131 or Victoria 01279 329729 |

The Institute hall is available for private functions, excluding teenage parties. It costs £10 per hour during the week or £12 per hour at weekends (which includes Friday evenings) with a minimum hire period of 4 hours. We also require a security deposit of **up to** £250. For further details contact Chris on 01992 572568 or visit our website www.coopersale.org.uk

The hall and its surrounds are always in need of some minor work and the committee would be glad of some help for a few hours with jobs such as painting doors and window cills, grass cutting and hedge trimming.

Many thanks to those who have already been in contact, your effort will be gratefully appreciated.

If you haven't contacted us yet, but are willing to help in any way, please contact Sue on 575898

Many hands make light work, so come along and help – don't leave it all to the same one or two hard working stalwarts

If you have trouble reading the Chronicle, please contact Chris on 572568 and ask for a large print version.