

# Coopersale Chronicle

www.coopersale.co.uk

A Guide to What's On in Coopersale  
Published by the Coopersale Social Institute

Jun 2013  
Issue No 51

## *Flower Festival 2013*

Your Parish Church of St Alban is having a Flower Festival again. The theme for the flowers this time is:

*High Days*  *Holy Days*

The Flower Festival will take place on 28th, 29th and 30th June. There will be flowers on the theme in the church and over in the Parish Room Garden there will be refreshments and stalls for you to come and enjoy.

The church family is working hard to produce a stellar event for everyone to come and see. All are welcome, so put the date in your diary!

We look forward to seeing you!

## **Institute AGM**

The annual general meeting of the Coopersale Social Institute was held on Wed 22<sup>nd</sup> May. The Institute is a registered charity which owns and maintains the hall. It is run by a committee which is partly elected annually by local residents; other members are nominated by village organisations which use the hall. Regrettably there were no society representatives or members of the general public at the meeting.

There were no new nominees for election. Sue Silvester, Cliff Tredgett, Linda Read and Doreen Pavitt were elected unopposed.

The treasurer reported that income was down as a result of several regular activities ceasing. In addition the cost of refurbishing the reading room and toilets had resulted in expenses exceeding income by over £2,500. Unless the situation improves an increase in hire fees will be necessary.

## **Coopersale Horticultural Society**

Well, we are nearly into summer, though the weather doesn't seem to realise this! Even so, the Spring Show had some beautiful floral exhibits and a good display of domestic and handicraft items, making it a highly successful afternoon.

The talk in March, by David Swinden, was about the unusual and interesting subject of "Glass Flowers" and proved to be very informative. At our meeting in May I gave a presentation about being a performer in the Olympic Opening Ceremony. This was a truly nostalgic evening and brought back many happy memories of last year's Golden Olympic Summer. It was good to see so many people showing interest in this and I do hope you all enjoyed it as much as I did! Many thanks for your support.

So our next meeting is on July 15th at 8pm and this will be an informal quiz night, together with preparation for our Summer Show. This takes place on August 10th starting at 2pm, both these events being at the Institute. We look forward to seeing all our faithful members and hopefully meeting some new ones. Everyone is very welcome!

Gwyneth Duhy (CHS Secretary)

## **Group 2000**

Hello to everybody.

Hope you all enjoyed our little taster of summer a few weeks ago – let's hope that wasn't IT!!!

We had a representative from Phoenix cards in May, the unique cards and stationary are available to purchase at very reasonable prices if anyone is interested in ordering there is a brochure available.

In June we have our usual walk and dinner, this year we are going to Prezzo, looking forward to that, not sure how many of us will be walking but weather permitting I'm sure we will make the effort and reward ourselves to a nice dessert or extra glass of wine!

There are a variety of things arranged for future meeting. We meet on the third Wednesday of the month, if you would like to join us just turn up at the hall, 8pm.

Would also like to add, although this has nothing to do with Group 2000, a few of us have been going along to the Zumba class on Tuesday evening 6.15 for 6.30 start. It really is very good and doesn't matter if you have experience or not, or how old you are, just a fun way to exercise.

## Recipe – Sticky chicken and chorizo traybake roast

### Ingredients

- 2 part-boned free-range chicken breasts
- 1 large red onion, cut into wedges
- 1 large sweet potato (around 250g/9oz), cut into chunks
- 1 large red pepper, thickly sliced
- 2tbsp oil
- 150g (5oz) cooking chorizo

### for the marinade

- 2 garlic cloves, crushed
- 1tbsp sherry vinegar
- 100ml (4fl oz) maple syrup
- ½tbsp soy sauce

### Preparation

1. Heat the oven to 200C, 180C fan, 400F, gas 6. Line a wide, shallow baking sheet with foil, add the chicken, onion, sweet potato and pepper, season well and drizzle over the oil. Bake for 20 minutes.
2. To make the marinade, mix all the ingredients together in a small jug.
3. Remove the tray from the oven, add the chorizo, pour over the marinade and toss to coat. Turn the oven up to 240C, 220C fan, 475F, gas 9, and roast for a further 15 to 20 minutes, basting once or twice, or until sticky and cooked through.

This recipe from Women & Home, read more at <http://www.womanandhome.com/recipes/>

If you have trouble reading the Chronicle, please contact Chris on 572568 and ask for a large print version.

# What's On at the Institute?

Pre School	Every weekday in term time from 9 am to 3 pm. (Fri 9 – 12) Contact: Cathy Kemp, Tel: 0774 359 5892
Horticultural Society	Meet alternate months (except Jan & Feb), usually 3rd Mon, 8 pm Contact: Gwyneth Duhay 01992 574945
Floral Art	Meet 2 <sup>nd</sup> and 4 <sup>th</sup> Mon each month (Mar to Nov) from 7.30 -10pm Contact: Mrs Myra Amos, Tel: 01992 522442
Zumba	Every Tuesday 6.30 – 7.30 pm Contact Leary Tel: 07958 415 908.
Group 2000	Meet 3rd Wed every month from 8 pm to 10 pm (ex Aug) Contact Sue Silvester 01992 575898.
Acting Up	Amateur drama group, meet every Monday 6 – 8 pm (in Reading Room if CHS or Floral Art are meeting). Contact: Sally 07980 273131 or Victoria 01279 329729

The Institute hall is available for private functions, excluding teenage parties. It costs £10 per hour during the week or £12 per hour at weekends (which includes Friday evenings) with a minimum hire period of 4 hours. We also require a security deposit of **up to £250**. For further details contact Chris on 01992 572568 or visit our website [www.coopersale.org.uk](http://www.coopersale.org.uk)

## October Dance

A dance will be held in the Institute on Saturday 26<sup>th</sup> October to raise funds for upkeep of the hall. **Live** music will be provided by Doctor Real Live Good; this band proved very popular at the spring dance. Tickets will be only £10 per person (bring your own food and drink) so this will be an ideal opportunity to meet neighbours and enjoy yourselves at a modest cost whilst supporting a village amenity.

Further details will be published nearer to time, but make a note in your diaries **today**. You have been given plenty of notice, so round up a few friends and make up a party so that you can book a table or come alone and make new friends.