

Coopersale Chronicle

www.coopersale.co.uk

A Guide to What's On in Coopersale
Published by the Coopersale Social Institute

Dec 2013
Issue No 53

Situation Vacant

Would you like to do something for the community?

The Coopersale Social Institute Committee would like to appoint a treasurer. Basic book keeping knowledge is required and some experience of Excel (or similar spreadsheet) would be an advantage.

Anyone interested should contact Chris Hoare (01992 572568 or treasurer@coopersale.org.uk) or any other member of the Institute committee.

New Year's Eve Dance

There will be a New Year's Eve Party in the Institute Hall on Tues 31st December, 8.00pm till half-past Midnight.

Tickets will be £15.00 per head and music will be provided by DB Sounds. There will **not** be a bar, so bring your own drinks and food, and some money for raffle tickets.

Tickets are selling fast and numbers are limited, so if you want to join the festivities please contact Sue on 575898 as soon as possible.

Floral Art Club

Floral Art Classes start again on the 2nd and 4th Mondays of each month starting on 24th February .

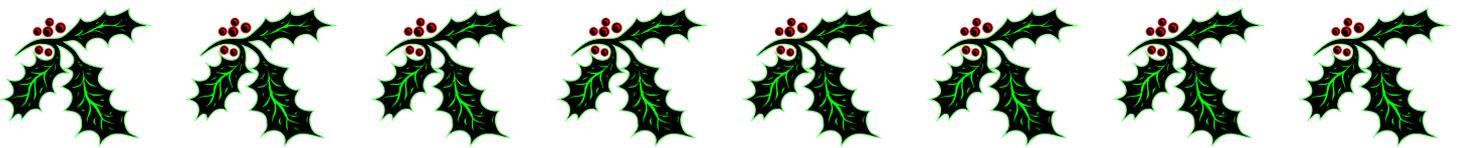
Valentines Dance

Valentine's Dance on Sat 15th Feb, live music by Doctor Real Good. Anyone interested should contact Sue on 575898, or Annette on 576795 for tickets or further details.



*We wish all our readers a
Very Happy Christmas
and a Prosperous New Year*





Christmas at St Alban's

We look forward to welcoming you at this holy and special time in your parish church.

Come and join us to learn again of the wonderful story of Jesus being born among us. Come and celebrate the good news of Christmas with us!

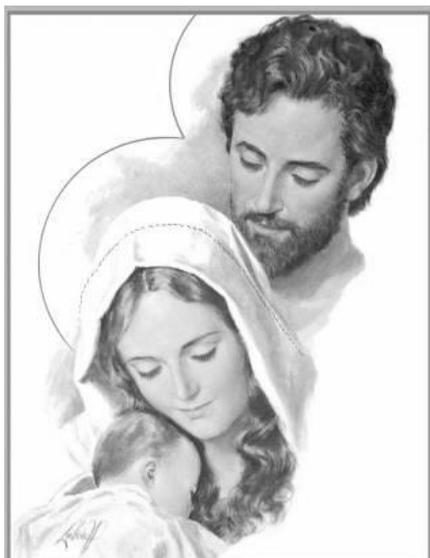
Our services this Christmas are:

Sunday, 15th December at 5 p.m. – Carol Service

Christmas Eve, 24th December at 11:30 p.m. – Midnight Communion (The First Communion of Christmas)

Christmas Day, 25th December at 9:30 a.m. – Family Communion

Sunday, 29th December at 10:30 a.m. – Parish Communion



Group 2000

Hello to everybody.

Here we are again, where do these months go, nearly Xmas...ho ho ho!

First of all, I am sure everyone would like to join me in wishing Doreen a very speedy recovery from the dreadful accident that occurred in October, hurry up and get back to us Doreen, we all miss you!

As I write this, we have our November meeting coming up, "Glass & Craft" evening, some Xmas ideas maybe!!

In December we shall start our Xmas celebrations a bit early with our meal at the Theydon Oak, looking forward to that.

Our first meeting of 2014 will be on the 3rd Wednesday of January and we usually welcome in the new year with a cheese and wine evening and begin our planning for the following months, so if anyone would like to join us come along to the Institute at 8pm.

May I take this opportunity to wish everyone a very happy Christmas and a happy new year.



Recipe

Ingredients

150ml double cream
100g dark chocolate, chopped into small pieces
100g milk chocolate, chopped into small pieces
2 tbsp cocoa powder
50g chopped hazelnuts
You'll also need
mini paper cases
empty egg boxes
ribbon (optional)



Method

Gently heat the cream in a pan. When hot, remove from the pan and leave to stand for 1 min. Add dark and milk chocolates to the pan, and stir until melted and smooth. Pour mixture into a bowl and chill in the fridge until firm.

When the chocolate is firm, use 2 teaspoons to scoop out 12 walnut-sized truffles. Roll half the truffles in the cocoa powder and the other half in hazelnuts. Place the covered truffles in mini paper cases and pop into egg boxes. You can now tie up with ribbon and give to someone you love.

*Recipe from Good Food magazine, April 2012 and
<http://www.bbcgoodfood.com/recipes/2066659/chocolate-truffle-egg-box>*

Coopersale Horticultural Society

At our October meeting Hannah Shine came to talk to us about herbs that could be used for both cooking and healing purposes. Hannah gave us many interesting tips about how to improve our general health and wellbeing, one of which was to boil up savoy cabbage leaves and wrap them round arthritic joints overnight! I haven't tried this myself, but she assured us it would work wonders!

As I write this the AGM approaches on 2nd December and it is hoped for good attendance. Once again the Society has kept afloat for another year. The meetings and shows have been enjoyable and varied, but it would be so nice to see some new faces supporting us. Why not make a New Year's Resolution to join the Society? Our first meeting is in March and you would be made most welcome. Meanwhile, on behalf of the Committee, I would like to wish you a Peaceful and Happy Christmas.

Gwyneth Duhy (Secretary)

What's On at the Institute?

Pre School	Every weekday in term time from 9 am to 3 pm. (Fri 9 – 12) Contact: Cathy Kemp, Tel: 0774 359 5892
Horticultural Society	Meet alternate months (except Jan & Feb), usually 3rd Mon, 8 pm Contact: Gwyneth Duhay 01992 574945
Floral Art	Meet 2 nd and 4 th Mon each month (Mar to Nov) from 7.30 -10pm Contact: Mrs Myra Amos, Tel: 01992 522442
Zumba	Every Tuesday 6.30 – 7.30 pm Contact Leary Tel: 07958 415 908.
Group 2000	Meet 3rd Wed every month from 8 pm to 10 pm (ex Aug) Contact Sue Silvester 01992 575898.
Acting Up	Amateur drama group, meet every Monday 6 – 8 pm (in Reading Room if CHS or Floral Art are meeting). Contact: Sally 07980 273131 or Victoria 01279 329729

The Institute hall is available for private functions, excluding teenage parties. It costs £10 per hour during the week or £12 per hour at weekends (which includes Friday evenings) with a minimum hire period of 4 hours. We also require a security deposit of **up to** £250. For further details contact Chris on 01992 572568 or visit our website www.coopersale.org.uk

October Dance

The Autumn Dance was well attended and raised £296 for the hall refurbishment.

Acting Up Theatre Company

Monday Evening Singing Group

Starting back on Monday 13th January, 6:30pm till 8pm at Coopersale Institute Hall. First session is FREE and £4 thereafter, all adults and abilities welcome to this wonderful and supportive group.

For more info please call Sally on 07980 273131.